

Tips for Calling

Your Members of Congress About Health Care

Calling Congress now about health care reform is important—and it's easy. When you reach the congressional office:

- 1.** Say a few words about why health care reform is critical for you and your family personally.
- 2.** Use some of the points below to make your case.
- 3.** Ask if you can count on the member's support for health care reform that includes a strong public health insurance option.
- 4.** Thank the person for conveying your message.

TALKING POINTS FOR YOUR CALL

- Health care reform is urgent and we need it now. I want Congress to side with working families, not insurance companies.
- I support health care reform that controls costs, covers everyone, holds insurance companies accountable, includes a public health insurance plan option, requires employers to pay their fair share and rejects new taxes that would hurt working families.
- A public insurance plan option is the best way to lower costs—it will ensure real competition, keep private insurance companies honest and guarantee that everybody can get health coverage.
- We should not force working people to pay more for the insurance they already have in the form of increased taxes. Working families are struggling already.
- It's time to rein in insurance companies so they can't deny coverage or raise costs whenever they choose. People and their doctors should make health care decisions—not insurance companies.



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